



The Carroll Claw | Week of 9/9!

Hi!

It's week two and the calendar is still jam packed with fun, educational, and helpful events. Stop by the Club Fair this week to find out which student organizations resonate with you. Joining a student group is a great way to find a place where you belong on campus. See below for details.

With course introductions and the first week out of the way, things will start to pick up in your classes. Now is a great time to stop by the Academic Center for sign up for tutoring. Visit them on the second floor of the Library in L288.

Take Advantage of Your Free Benefits: Download the TimelyCare App Today!

The start of Fall Semester is an exciting time! Still, it's important to remember to breathe, to remember you are enough, and to practice self care.

Your **FREE** resources available through the free **TimelyCare** app include:

- **6 FREE COUNSELING SESSIONS**
- **Coaching:** health and wellbeing coaching, and student success coaching
- **Peer-to-Peer Support:** connect 24/7 with other students dealing with similar challenges
- **Explore page:** guided self-care content, including yoga and meditation sessions
- **Talk Now:** on-demand mental health support 24/7

As a registered student, you have the rare opportunity to access free mental healthcare through the TimelyCare app.

[Scan the QR code pictured or click here to sign up!](#)



The Lynx Voting Matters Project

It's election season and this has us wondering: What does it mean to practice democracy in everyday life? How can history help us understand today's events? And how can we build a democracy that's fit to tackle the challenges of our digital age?

These are just some of the questions behind The Lynx Voting Matters Project, a new initiative from Carroll Community College.

The Lynx Voting Matters Project offers engaging, bite-sized lessons on Democracy, History, and Digital Literacy, plus a wealth of resources designed to enhance your civic literacy. Remember,

democracy isn't just about casting a vote—it's about working together to shape a better future.

[Come learn more!](#)

Update Your Emergency Contact Information

Under the Lynx Student Portal, under Academic Self-Service, please update your emergency contact information. This information is located on the top right on the screen, found by clicking on your username.

When you select Emergency Information, you will see the emergency contact information that we have on record for you. If the information is correct, please hit the confirm button. If the information is not correct, please update the information by selecting the pencil icon and editing the information.

Emergency Contact information needs to include name, phone number, and the emergency contact checkbox selected. After inputting the correct information, select update contact to save the new emergency contact information.

Verify Your Demographic Information

Under the Lynx Student Portal, under Academic Self-Service, please update your user profile information. This information is located on the top right of the screen, found by clicking on your username (or picture). When you select User Profile, you will see your personal information.

If the information is correct, please select the confirm button. If your current home address/cell phone number/personal email/preferred pronoun is not correct, please update the information.

For any name changes, please email registrar@carrollcc.edu.

Attention December 2024/May 2025 Graduates – Apply Now for Graduation!

The graduation application is located in the Lynx Student Portal, under Academic Self-Service, Graduation Overview.

More information about graduation and commencement, including some frequently asked questions, can be found on our graduation [website](#).

Any graduation/commencement questions – please email sclark@carrollcc.edu.

Official and Unofficial Transcripts Reminder

Official transcripts are processed by Parchment through the Lynx Student Portal, under Academic Self-Service. Check out www.carrollcc.edu/transcript for transcript ordering information.

Unofficial transcripts can be accessed through the Lynx Student Portal.

Check Out the Café Specials for September!

Café Specials

September 2024

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
	Tacos with Spanish Rice	Spaghetti and Meatballs with Breadstick	Chicken and Dumplings with Biscuit	
9	10	11	12	13
Pulled Pork with Slaw on Brioche Bun	Chili Cheese Dogs with Macaroni Salad	Fettuccini Alfredo with Chicken	Choice of Cheese, Pepperoni or Veggie Flatbread	
16	17	18	19	20
Loaded Nachos with Homemade Guacamole	Lomo Saltado with Steak	Ziti Casserole Cheese or Ground Beef	Meatloaf with Mashed Potatoes and Gravy with Veg	
23	24	25	26	27
Beef Lamb Gyro with Tzatziki or Harissa Sauce	Arroz con Pollo (Paella style)	Buffalo Chicken or Shrimp Wrap	Sweet and Sour Pork Lo Mein	
30				
Steak Fajitas				

*Prices are as listed in the Café, while supplies last

Events This Week!



SATURDAY
October 5th, 2024

Cost & Sign up Date

- Students: \$10 refundable CAD\$ deposit
- Carets, Faculty and Staff \$60
- Sign up in the Business Office starting September 9th at 10AM

TRAVEL TO NEW YORK CITY

Day Of Information

- Meet at the Home of A building at 6:30AM
- Estimated arrival to NYC 8AM
- Drop off location: Bryant Park
- Meet back at Bus 6:20PM
- Estimated arrival back to CCC 10PM

NYC Trip Tickets on Sale!

Date: Monday, September 9
Time: 10 am
Location: Business Office

Join us for a trip to New York City on October 5. This drop-off trip will include transportation via coach bus to Bryant Park. Bus will leave Carroll Community College around 7 am and return to campus around 11 pm. Estimated time in NYC is 11



Connect With Career Services

Enter to win a gift card | Free Snacks | Swag

Stop by our info table to find out how we can help you *explore your career options, create a resume, build a professional network*, and more!

Cafe Landing, September 9th
10:30am - 12:30pm

CONNECT, REFLECT, EXPLORE, DEVELOP

Career Info Table!

Date: Monday, Sept. 9
Time: 10:30 am to 12:30 pm
Location: Café landing

Discover what career resources are here to help you! Whether you are looking for a job, not sure what career options fit with your major, need to prepare for an interview, and more! Stop by the Career Services table to meet our friendly staff and



Club Fair

September 10
10:30AM-1:30PM
&
September 11
2-4PM
Babylon Great Hall

Make some sand art and sign up for clubs!

Club Fair!

Date: Tuesday, Sept. 10
Time: 10:30 am to 1:30 pm
Location: Babylon Great Hall

Date: Wednesday, Sept. 11
Time: 2:00 to 4:00 pm
Location: Babylon Great Hall

Come out to meet the leaders of our student clubs and organizations! Learn more about each club and sign up for what you're interested in.

am to 7 pm. Sign ups for students begin on September 9 at 10 am. Ticket cost is \$10 refundable CASH deposit meaning you pay \$10 CASH and if you attend the trip you get your \$10 back! \$60 for guests (limit 1 guest per student). Waivers can be found on the [Student Engagement Canvas Page](#) or by stopping by the Student Engagement Office. Any questions please contact Topher Overdorff at toverdorff@carrollcc.edu.

enter a raffle to win a café gift card!

We'll also be making sand art while supplies last during the times listed above.

Can't make it during the advertised time? Club boards and sign up sheets will be available all day.



F.R.I.E.S.

Date: Tuesday, Sept. 10
Time: 11:30 am to 12:30 pm
Location: Babylon Great Hall

Grab your FREE fries and a reminder card about consent!

Sponsored by Interpersonal Violence Prevention Committee

AUCTION NOTICE

Carroll Community College Presents

The Mousetrap

by Agatha Christie
 Directed by Jane R. Frazier

Audition Details	Production Details
When: September 11, 2024 6pm-8pm	About: World's longest running show!
Where: P Building Room 519 Carroll Community College	Call Backs: September 12, 2024 6pm-8pm
Who: Anyone and everyone 18+ are encouraged to audition!	Rehearsals: September 23rd - November, 2024 Rehearsals will occur on week day evenings with some possible Saturday day time rehearsals.
What: Prepare a 1 minute monologue preferably from a different Agatha Christie play. (You may be asked for your best British dialect. If prepared, but if not, you will work with a dialect coach.)	Performances: November 14-17

— Actors no longer need to verify vaccination, but we strongly encourage everyone to get the latest COVID-19 booster.
 — If answered, we highly recommend you read the script first. (But don't spoil the ending for anyone!) Copies can be found on reserve in the Carroll Community College library.

Sign up for your audition slot by following the QR code -OR- emailing Sophie Barden (sbarden@carrollcc.edu)
AUCTIONS ARE BY APPOINTMENT ONLY

Theatre Auditions!

Date: Wednesday, Sept. 11
Time: 6:00 to 8:00 pm
Location: P519

All 18 year old + people can audition for our shows!
 Next up: *The Mousetrap* by Agatha Christie
 Performances: Nov. 14 – 17
 Auditions:

Auditions are by appointment only. Email Sophie Barden at sbarden@carrollcc.edu to schedule. Auditions will take place on Wednesday, September 11 from 6 to 8 pm. Call backs will be on Thursday, September 12 from 6 to 9 pm.



Women's Volleyball Game

Date: Thursday, Sept. 12
Time: 6:00 pm
Location: Coppermine Pantherplex

The women's volleyball team takes on the College of Southern Maryland Hawks at home. Games are played at Coppermine Pantherplex located at 1400 Panther Drive, Hampstead, MD.

Save the Date!

Voter Registration Week!

September 16 will kick off Voter Registration Week at

Carroll! All week long, we'll have opportunities for you to learn about the voting process and about how you can make more informed decisions. Come discover the impact your vote can have!

Events include:

- 9/16: Voter Education Fair from 11:00 am to 1:30 pm in K119 (Voter education resources and FREE walking tacos!)
- 9/17: Safeguarding the Vote Workshop at 2:00 pm in K132 (Hear from the Carroll County Board of Elections about election integrity.)
- 9/18: Popcorn and the Polls at 12:30 pm in A202 (Compete in Kahoot trivia about elections and get free popcorn!)
- 9/19: Democracy Lab - Voices of the Voters: Bridging Generations at 7:00 pm on Microsoft Teams (Hear panelists discuss varying political views. [Sign up here!](#))

Brought to you by Democracy Lab and the Office of Student Engagement.



SEPT 16 THROUGH SEPT 19

Voter Registration Week

MONDAY, SEPT 16 - VOTER EDUCATION FAIR

K119 11:00am - 1:30pm
Get resources to be an informed voter in the November election! Free walking tacos while supplies last!

TUESDAY, SEPT 17 - SAFEGUARDING THE VOTE WORKSHOP

K132 2:00pm
Learn about security measures in place to protect your ballot. Presented by the Carroll County Board of Elections.

WEDNESDAY, SEPT 18 - POPCORN & THE POLLS

A202 12:30pm
Test your election and voting knowledge by participating in this Kahoot trivia game! Free popcorn will be served.

THURSDAY, SEPT 19 - DEMOCRACY LAB

MS teams 7:00pm
Ever wonder why your grandparents vote a certain way? Don't understand why "kids these days" have a certain opinion on a ballot topic? Ask our panelists!

SCAVENGER HUNT MATERIALS

*** WEEK 1: BOOKMARK YOUR SUCCESS**
Create a motivational bookmark for wellbeing.
Bookmarks: <https://a.co/d/0gSmQ2CE>
Ribbon: <https://a.co/d/0bR03VZ2>
Colored Pencil: Currently in the Relaxation Station

WEEK 2: ROCK YOUR WELLBEING
A creative rock painting and mindfulness activity.
Painting rocks: <https://a.co/d/07DZut5W>
Paint pens: <https://a.co/d/0dKvDKBW>

WEEK 3: CARRY CONFIDENCE
Create affirmations On-the-Go with Key Chains
Key chain set: <https://a.co/d/053kdZs>

ALL WEEK: INSPIRATIONAL BULLETIN BOARD
Add positivity to a poster that will be placed on the Wellbeing bulletin board in Advising.
• Poster paper
• Paper hearts

Wellbeing Passport Challenge

Date: Monday, Sept. 16 to Friday, Oct. 4

Student Care and Integrity will be having a Wellbeing Passport Challenge over three weeks (Sept 16 - Oct 4) to teach students about the wellbeing opportunities available to them on campus.

The locations in this scavenger hunt will be:

- Library
- Food Locker
- Relaxation Station

Any questions about the challenge can be directed to the Student Care and Integrity Office at studentcare@carrollcc.edu.



LYNX Level Up!
CAREER DEVELOPMENT
Time 10:00AM - 12:00PM
A125
09/16/2024

LYNX LEVEL UP
Professional Communication
Developing effective communication skills is essential as you navigate academic and professional environments. In this session, participants will learn practical strategies to create positive interactions with professors, peers, and potential employers.

Lynx Level Up: Professional Communication

Date: Monday, Sept. 16
Time: 1:00 pm
Location: A125

Employer on Campus



RICHCROFT

Connect with reps that want to hire you!
Opportunities for students studying psychology, sociology, education, healthcare, and more.

richcroft.org

Tue, Sep 17th 10 AM - 12:30 PM in the Café Landing

Employer on Campus: Richcroft

Date: Tuesday, Sept. 17
Time: 10:00 am to 12:30 pm
Location: Café



CRAFTERNOON: PLANNER PARTY

Get organized & decorate your student planner with markers, stickers, & wash tape!

LIBRARY LOBBY
Wednesday, Sept. 18
2pm-4pm

Crafternoon: Planner Party

Date: Wednesday, Sept. 18
Time: 2:00 to 4:00 pm
Location: Library

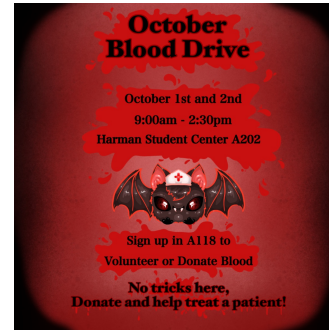
Get organized & decorate

Developing effective communication skills is essential as you navigate academic and professional environments. In this session, participants will learn practical strategies to create positive interactions with professors, peers, and potential employers.

Sign up [HERE](#).

Meet reps from [Richcroft, Inc.](#) who want to hire you! Opportunities for students studying psychology, sociology, education, healthcare, and more.

your student planner with markers, stickers, & wash tape! We'll have extra Carroll student planners if you need one, and art supplies will be provided.



Chamber Music on the Hill: Charm City Chamber Players

Date: Sunday, Sept. 22
Time: 3:00 pm
Location: Coley Rice Lounge, McDaniel College

Join us as we welcome the Charm City Chamber Players back to McDaniel to launch our new season with some of the most beautiful chamber music in the repertoire.

Tickets: \$20 general admission; \$15 Seniors 60+ and Military; ALL students of all ages admitted FREE.

Blood Drive

Date: Wednesday, Oct. 1 & Thursday, Oct. 2
Time: 9:00 am to 2:30 pm
Location: Harman Student Center (A202)

Support the Red Cross!

[Sign up to volunteer here.](#)
[Sign up to donate blood here.](#)



Carroll Community College | 1601 Washington Road | Westminster, MD 21157 US

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