



The Carroll Claw | Week of 3/31!

Hi!

Welcome back from Spring Break! It's time to gear up for the last half of the semester. If you need motivation or help, visit the Academic Center for a review session, drop-in tutoring, appointment tutoring, and more! Maybe a class isn't going so well and you want to know your options. Talk with your professor and/or advisor about your progress and decide if a W grade is the right choice. The deadline to withdraw from a class is Wednesday, April 9.

We have a jam-packed last two months of the semester so keep an eye out for all of our spring celebrations on campus! We'll see you at an event on campus soon!

Spring Midterm Grades Available

Spring full and CCPS midterm grades have been posted for the term! Please sign into the Lynx Portal to view your midterm grades.

Wellbeing Focus Group

[Click this link to sign up for our Wellbeing Focus Group!](#)

What do you know about wellbeing? What does wellbeing mean to you? Come share your knowledge with Carroll.

- 1 hour focus group
- Your feedback will be confidential
- Focus groups will be in person
- You can request a virtual meeting if necessary



CARROLL COMMUNITY COLLEGE | **STUDENT CARE AND INTEGRITY**
Honesty • Trust • Fairness • Respect • Responsibility

Today is the Deadline for Foundation Scholarships!

Do you want an incredible college experience without the debt? Apply for a Carroll Foundation scholarship! Applications are now open and over \$350,000 is up for grabs in need-based and merit-based scholarships. With just one application and an hour of your time, you could be on your way to achieving your dreams. Our application process is quick and easy, consisting of a few simple questions and a short essay (600 words maximum). Don't let this opportunity pass you by. Apply now and secure your future!

Applications will close today, Monday, March 31. To be eligible for need-based scholarships, students must submit the [Free Application for Federal Student Aid \(FAFSA\)](#).

Click Here to
Apply!

For more information, visit the Carroll's [scholarship website](#), contact the Foundation at 410-386-8152, or email Dayna Aldridge at daldridge@carrollcc.edu.

Check Out the April Café Specials!

Café Specials

April 2025

Monday	Tuesday	Wednesday	Thursday	Friday
March 31 Chicken Alfredo with Vegetable	1 Taco Tuesday with Spanish Rice	2 Roasted Turkey with Vegetable and Gravy	3 Pizza Pasta (Cold Entrée)	4
7 Chicken Pot Pie	8 Chicken Breast Bruschetta with Vegetable	9 Chicken Parmesan with Vegetable	10 Shrimp and Grits with Corn Salad	11
14 French Toast with Berries	15 Pesto Ravioli with Vegetable	16 Blackened Tilapia with Vegetable and Rice	17 Seasoned Chicken Wings with Chips and Vegetable	18
21 Lemon Chicken with Vegetable	22 Crab Pretzel	23 Beef Stew	24 Potato Bowl with Crispy Chicken and Vegetable	25
28 Tilapia with Rice and Vegetable	29 Arroz Con Pollo	30 Sweet and Sour Meatballs with Vegetable and Mashed Potatoes		

*Prices are as listed in the Café, while supplies last.

News from the Student Government Organization

Last Week to Vote in Student Government Elections!

Cast your vote for who you would like to represent the student body on the Student Government Organization Governance Board for next year. Head to the [Student Engagement Canvas page](#) to cast your vote!



Candidates running are:

- Jason Breden
- Ava Button
- Sunni King
- Jailen Lemon

- Evelyn Cabrera Hernandez
- Leah Clary
- Mia Duarte
- Nyomie Greer
- Josh Irwin

- Alicia McCullough
- Dante Tapia Pujals
- Josh Tindale
- Grace Wantz
- Mathias Zawadzki

News from Advising



UMD School of Nursing on Campus!

Please visit University of MD School of Nursing's Transfer table in the **Café on Monday, March 31 from 10:00 am to 1:00 pm**. Admissions Recruiter, Susan Colvin, will be here to answer your questions.

Towson University on Campus!

Please visit the Towson University representative on **Tuesday, April 1 from 10:00 am to 3:00 pm in the Advising Office**. [Click here](#) to let Towson rep, Kayla Bernier, know you'll be stopping by.



Penn State Harrisburg Open House

Penn State University Harrisburg Campus will have an Open House on **Saturday, April 5**. Meet with students, faculty, and staff. Tour the campus and student housing. Get to know Penn State Harrisburg.



[Register here!](#)

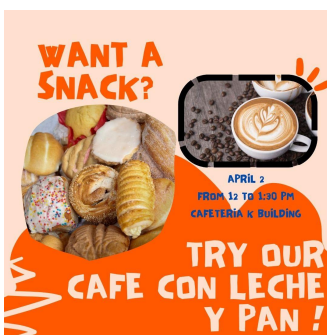
Events This Week!



Emotional Wellbeing Wednesday: Mindfulness and Stress Management

Date: Wednesday, April 2
Time: 11:00 am to 1:00 pm
Location: Café

April is National Stress Awareness Month, and it's



Café con Leche

Date: Wednesday, April 2
Time: 12:00 to 1:30 pm
Location: Café

Voces Latinas Club hosts free coffee and bread to enjoy! We would love to share a little bit of our culture with the campus so please come and join us!



Healthcare Career Fair

Date: Wednesday, April 2
Time: 3:00 to 5:00 pm
Location: Babylon Great Hall

Are you looking for a job in the healthcare field? Want to explore options and talk with employers? Join us for our

the perfect time to focus on your mental health. Did you know that 60% of college students report feeling stressed every day? Let's find calm together. **If you stop by, you might even win a gift card.**

This Wellbeing Wednesday features Carroll Hospital's Community Educator, Kirsten Ambrose, RN BSN. Learn valuable tips on managing stress, boosting your emotional health, and more. Remember to enter the gift card raffle when you stop by! There's one raffle for students, and one raffle for faculty/staff. ☐☐

Don't miss out on this chance to invest in your wellbeing and connect with a professional expert. See you there!

[Learn more about the Eight Dimensions of Wellness here.](#)

[Get your 24/7/365 Mental Health app, TimelyCare, here \(free, professional mental health resource to Carroll Credit Students\). 988 is always here to help in a mental health crisis.](#)



Muslim Student Association presents Eid Party

Date: Thursday, April 3
Time: 5:30 to 8:30 pm
Location: K119

Come celebrate Eid with the Muslim Student Association. Scan the QR code above to RSVP!



Democracy Lab: The Shifting World Order

Date: Thursday, April 3
Time: 7:00 to 9:00 pm
Location: MS Teams

At a recent meeting of the UN General Assembly, the United States twice sided with Russia and against its traditional

European allies on resolutions aimed at addressing the war in Ukraine. In addition, since being inaugurated, President Trump has repeatedly floated the idea that the US should, “one way or another” annex historically allied countries like Canada and Greenland - despite their inhabitants’ objections. How should we make sense of these and related developments? Join us to talk about it.

To register, [click here](#).

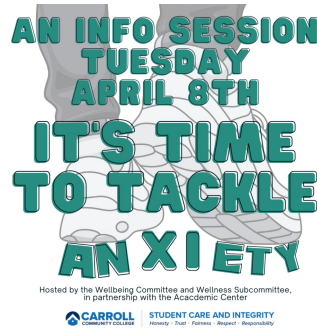
Save the Date!



Carroll Casino

Date: Monday, April 7
Time: 10:30 am to 1:30 pm
Location: Babylon Great Hall

Come play casino games, get some free Lynx playing games, and win some raffles!



An Info Session: It's Time to Tackle Anxiety

Date: Tuesday, April 8
Time: 11:30 am to 1:30 pm
Location: L287

Enjoy an uplifting info session with our very own Mr. Joe Tatela (Director of Disability Support Services) and Ms. Jenna Bohn (Lead Writing Tutor and Student Success Specialist).

Imagine studying without dread, sleeping better, and feeling more confident. Join the conversation about these common struggles, and learn how to cope and thrive with proven tips from experienced professionals.

Presented in partnership with the Academic Center and hosted by the Wellbeing Committee and Wellness Subcommittee.



Blood Drive

Date: Wednesday, April 9 & Thursday, April 10
Time: 9:00 am to 2:30 pm
Location: Harman Student Center (A202)

Visit the Blood Drive to donate blood and save lives! You can also sign up to volunteer at the event.

[Sign up to donate!](#)
[Sign up to volunteer!](#)





One Love Workshop

Date: Wednesday, April 9
Time: 11:00 am to 12:30 pm
Location: K133

Join this interactive workshop developed by the One Love Foundation and sponsored by the Interpersonal Violence Prevention sub-committee, a part of the Wellness Committee. This session will explore the differences between healthy and unhealthy relationship behaviors by teaching participants how to recognize warning signs, establish healthy boundaries, and foster safe and respectful connections. Through engaging discussions and real-life scenarios, participants will gain valuable insights and practical tools to promote healthy relationships with the people in their lives. Free snacks!



Lynx Level Up: Resumes (New Date!)

Date: Tuesday, April 15
Time: 3:00 pm
Location: M157

Build a resume that will get you noticed for jobs, internships, and scholarships! IF you have a draft, you can work on it during the session!

Sign up [HERE](#).

Take Back the Night

Date: Tuesday, April 15
Time: 4:30 to 6:00 pm
Location: Front of the Rotary Amphitheater/K Building

Every Star Shines a Light - Shine Your Light at Take Back the Night!

Join the Carroll community for:

- Unified walk around campus
- Self-defense demo
- Campus & community resource tables
- Free popcorn & giveaways
- And more!



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