



The Carroll Claw | Week of 2/17!

Hi!

We hope you're staying warm with the winter weather and enjoying your semester so far. If you haven't stopped by an event yet this semester or checked out the Academic Center, make it a goal this week to do so.

If you're taking a Spring 3 Term course, it will start this week and the refund deadline is Monday, February 24.

Keep reading to see what's going on this week!

Are You Missing Something?

Every semester the Information Desk accumulates many items that students have misplaced. Want that warm jacket back? Wonder where that nice lunch bag went? Or can't find that great (and maybe expensive) water bottle you started the semester with? Try asking at the Information Center, located at the front of the Babylon Great Hall. You never know. We just may have what you've been looking for!

Not Ready to Talk? No Problem!

Not quite ready to talk with a mental health professional? Don't worry! There are other ways to seek support. TimelyCare's Self-Care Journeys, backed by research and evidence-based practices, offer a new way to take care of YOU! ☐

Within each journey, you have 24/7 access to self-care tools, such as meditation and yoga sessions, helpful videos, and short articles from experts to help you set goals to achieve better health and well-being. ☐♀☐

This is your wellness journey. Now's the time to commit to YOU. Utilize TimelyCare's self-care tools and journeys in the Self-Care tab to get where you want to go. ☐

**Practice Self-Care
on Your Own Terms**

Get Started with Self-Care Journeys in TimelyCare

CARROLL
COMMUNITY COLLEGE

STUDENT CARE AND INTEGRITY
Honesty • Trust • Fairness • Respect • Responsibility

[Download the TimelyCare app and register with your school email address](#) to access free self-care resources, anytime, anywhere. □

Tax Assistance at Carroll

The Human Services Program VITA (Volunteer Income Tax Assistance) program is offering facilitated self-assistance. If your household income is less than \$64,000, you can receive free help completing your taxes on campus on February 20 and March 20 from 10:00 am to 2:00 pm.

[Click here to sign up for a time.](#)

Tax Assistance at Carroll
Hosted by the HSP VITA Team

The HSP VITA (Volunteer Income Tax Assistance) Team is offering Facilitated Self-Assistance!

Eligible for household income limits of \$64k

Professional Tax Advisors are present to answer questions and help you complete your own taxes!

Use the QR code to sign up!

Free for employees and students K203

February 20th and March 20th 10 am - 2 pm

Celebrate Black History Month!

Celebrate Black History Month at CCC Library. Each week of February, we will display the different eras of Black American Music throughout the last 100 years – come check out



pioneers in all genres, from jazz and rock to disco and rap!

News from the Student Government Organization

Get Involved with SGO!

SGO Applications are available for academic year 2025-2026! [Apply here at the Student Engagement Canvas page](#). Contact Topher Overdorff (toverdorff@carrollcc.edu) with any questions.



All students are welcome to attend SGO Meetings. Join us Tuesdays from 3:30 to 4:30 pm in C267.

News from Advising



Towson University on Campus

Towson Advising Day

Date: Monday, Feb. 24
Time: 10:00 am to 2:00 pm
Location: A102

Visit with Towson Transfer Admissions Counselor, Kayla Bernier, on our Towson Advising Day. [Click here to let her know you'll stop by!](#)

Towson Instant Decision Day

Date: Thursday, Feb. 27
Time: 10:00 am to 2:00 pm
Location: K203

Visit with Towson Transfer Admissions Counselor, Kayla Bernier, on our Towson Instant Decision Day. Get instant application decisions and/or application guidance!

Events This Week!



First Hiking Club Meeting!

Date: Tuesday, Feb. 18
Time: 2:30 pm
Location: A125

Calling all hikers! Join us for the first meeting of the spring semester. This will be an opportunity to discuss meeting times, club leadership, potential destinations, and more. If you have questions/suggestions, bring them with you!



Financial Wellbeing Wednesday

Date: Wednesday, Feb. 19
Time: 11:00 am to 1:00 pm
Location: Café

Join us in the Café this Wellbeing Wednesday to focus on your Financial Wellbeing! **HSP Inc's Volunteer Income Tax Assistance (VITA)** program is our feature.

Plus, you could win a gift card when you stop by!

Don't miss this chance to get free, professional financial wellness resources and a chance to **WIN**. See you there!

[Learn about your 8 Dimensions of Wellness.](#)



Democracy Lab: Your Vote in Color Revisited

Date: Wednesday, Feb. 19
Time: 2:00 to 4:00 pm
Location: K132

How should we navigate hurtful speech in public spaces? Last Fall, Carroll hosted a public art project that was removed from public view after a community member complained that the work had been defaced with hate speech. Was this the right response? Join us as we explore the tension between free speech and harm.

To register, click [here](#).



Dive into the Wellness Wave at Carroll!

Date: Thursday, Feb. 20
Time: 3:30 to 4:30 pm
Location: Microsoft Teams

Hey, Carroll Community! Ready to make



Trip to the Wizards Game

Date: Friday, Feb. 21
Time: 3:00 pm to 12:00 am
Location: Off Campus

Student Engagement is headed to

a lasting impact? Join the Wellbeing Committee and be the voice that shapes our campus's future!

- When?** This Thursday, February 20th, 3:30-4:30pm
- Where?** Online ([Use this link to join the Microsoft Teams video call](#))
- Who?** The [Wellbeing Committee](#) is open to all students, faculty, and staff

! Why?

- Advocate for your fellow students, faculty, and staff
- Empower our community with innovative strategy
- Collaborate with passionate individuals like you
- Grow your leadership skills while serving a greater cause

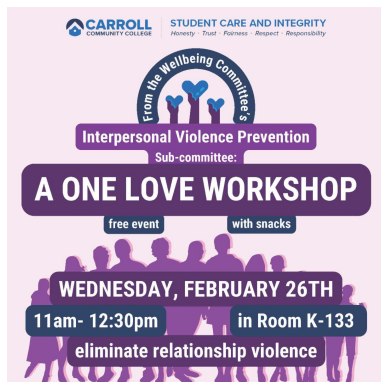
Don't miss out on this chance to make a difference—let's create a healthier, happier campus together!

Email aethington@carrollcc.edu for your own calendar invite or [Use this link to join the Microsoft Teams video call](#).

Washington, D.C. on Friday, February 21 to watch the Washington Wizards to take on the Milwaukee Bucks! Students need a \$5 refundable CASH deposit. Guest tickets are \$25 and one guest per student is permitted.

Complete your waiver ahead of time on the [Student Engagement Canvas page](#).

Save the Date!



One Love Workshop

Date: Wednesday, Feb. 26
Time: 11:00 am to 12:30 pm
Location: K133

Join us for an engaging and interactive workshop designed to help you understand the key components of healthy relationships. Free snacks!



Spring Transfer Fair

Date: Tuesday, March 4
Time: 11:00 am to 2:00 pm
Location: Babylon Great Hall

Looking to transfer after Carroll? Stop by the Transfer Fair to talk to over 55 representatives from four year colleges and universities!



Carroll Job Fair

Date: Tuesday, March 11
Time: 2:00 to 4:00 pm
Location: Babylon Great Hall

Join us for a Job Fair on Tuesday, March 11 from 2:00 to 4:00 pm in the Babylon Great Hall! We'll have employers looking for part-time employees, seasonal workers, and interns!

We'll also provide the additional resources:

- Mock Interviews
- Resume Reviews
- Professional

Headshots

To learn more, visit the [Job Fair website!](#)



Carroll Community College | 1601 Washington Road | Westminster, MD 21157 US

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